

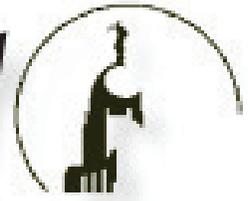
Pete Ricketts
Governor

Dr. Frank Turk
Chairperson

John C. Wyvill
Executive Director

The Communicator

Nebraska Commission for the Deaf and Hard of Hearing



Fall 2015

A newsletter surveying health, government and issues affecting Nebraskans.

Deaf & Hard of Hearing Awareness Day at the Zoo



September 27th was Deaf and Hard of Hearing Awareness Day at the Henry Doorly Zoo- and it was a tremendous success! NCDHH collaborated with Nebraska Association of the Deaf (NeAD) and Nebraska Hands and Voices to plan this special event for Nebraskans who are Deaf and Hard of Hearing to experience the zoo with special activities. These activities included Deaf Connect reading- where members of the community read books to children, interpreted tours throughout the zoo, a coloring contest, and fabulous door prizes!

A special thank you to Congressional aide, Amanda McGill Johnson, Amy Willman, and NCDHH Field Representative Beth Ellsworth (seen above) for reading books to children and guests, all of the volunteer sign language interpreters, and NeAD volunteers for all of their help. It was a fun filled day to mingle with the community as well as see and learn about animals. We would like to thank everyone that came out to join us for this event, and stay tuned for next year when we hope to make this an annual event! More pictures from this great day are on the inside of the issue.

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Deaf and Hard of Hearing Awareness Day cont.



Congressional Aide Amanda McGill Johnson, interpreted by Thomas Beyer, reads a story to children at the Zoo.

NCDHH Interpreter Program Assistant Crystal Pierce mingling with guests.



Zoo staff brought out the Animal Ambassador for the day: a SNAKE!

Some of the NCDHH team, Brenda Chappell, Crystal Pierce, Beth Ellsworth, and John Wyvill.



Dynamics of Effective Senior Leadership in the Community

by: Dr. Frank Turk, NCDHH Chairperson



My observation has been that there are three types of people in retirement. There are people who make things happen, there are people who watch what's happening, and there are people who have no idea what's happening. This article talks about senior leadership in action and about how the people currently in retirement can make good things happen.

There is a dire need for local, regional and national leadership in the communities across America, most notably the need for those currently in retirement who have leader's vision and strategic thinking so necessary for success in the Legislature- the numbers and the consensus. NCDHH has responded to the call through positive and productive collaboration and partnership with the state's deafness-related agencies and organizations, most notably the Department of Education (NDE), Nebraska Association of the Deaf (NeAD), Boys Town Institute, Hands and Voices (HV), and Nebraska Registry of Interpreters of the Deaf (NeRID). Contributions and guidance of retired senior citizens of these groups are valuable.

Down through the years, I have defined leadership generally as the ability to elicit exceptional performance from ordinary people; the ability to arouse followers; and the art of getting things done through the work of others. Along the way, I also witnessed too much focus on the leader leading and not enough on that of the same leader following. It is absolute that a good leader is a good follower, too. In fact, the greatness of any leader is measured by how he or she performs as a follower, much more so than as a leader. Highly effective leaders are those who serve as followers, encouraging others to do the same and even to out-perform them.

Good leaders are willing to accept sound advice from their followers. It is not necessary to know it all, to be able to do it all, or to always be in charge. This procedure stimulates growth of the organization's pool of talent. Everyone is afforded an opportunity to lead as well as to be led in bringing the organization to a trophy-worthy level.

When you demonstrate that you as a leader can follow the talent of your followers, you earn their respect and trust. Many organizations are succeeding because no one dominates the leadership role. Each member plays the leader and the follower at different times. Their roles change in harmony with the needs and interests of the organization itself.

The purpose of this article is to encourage the seniors to get involved as effective leaders of their respective communities – and, if they are already, to inspire other seniors to do the same – to commit themselves to something bigger than ourselves by leading from behind, not up front. Followership is the most result-effective form of leadership. The Law of Reciprocity says that if you serve others, they are compelled internally to do things that significantly enhance your life and the continued growth of your organization.

Employment is a Priority

by: John Wyvill



Keeping with past traditions, the President has proclaimed the month of October as National Disability Employment Awareness Month. The purpose of this month is to educate about disability employment issues and celebrate the many contributions of workers with disabilities. The history of this month goes back to 1945. With this in mind, I share with you some national statistics I read that were released in conjunction with awareness and outreach events in the month of October.

Did you know that only 50.2% of people between the age of 21 to 64 who are deaf or hard of hearing are employed? Contrast that with the 76.3% of people without a disability who are employed. Did you also know that only 15.3% of people over the age of 25 with a disability have a bachelor's degree? Contrast that with 32.9% age 25 and older with no disability holding a bachelor's degree or higher. Finally did you know that the median monthly earnings for people ages 21-64 with a "severe" disability is \$1,577. Contrast that with the median monthly earnings for people ages 21-64 with no disabilities at \$2,724.

The NCDHH Board has made employment a focus area in our daily efforts in communication, advocacy and equal access. We have collaborated closely with Nebraska VR, Nebraska Association of the Deaf (NeAD), Hearing Loss Association of America-Omaha Chapter and Nebraska Hands and Voices. Some of what we've been busy with is listed below:

- Advocating to raise the minimum standards of educational interpreters in our schools from a 3.5 to 4.0 on the Education Interpreter Performance Assessment (EIPA)
- Conducting an employment workshop
- An advocacy resource handbook for Nebraskans who are Deaf, Deaf-Blind and Hard of Hearing; you can find the link here: <http://www.ncdhh.ne.gov/Publications/publications.html>
- Active participation in the Nebraska VR's 90 hour work experience program, On-The-Job Evaluation

In the Nebraska VR On-The-Job Evaluation, VR clients work with NCDHH on various duties and tasks to help determine true interests for employment in the future. For several weeks earlier this year, Dwight (pictured, with John) was a member of our Lincoln team. We want to thank Nebraska VR for including us in this program.



Nebraska 2017 Benchmark Plan Comments: Hearing Aids- Essential Health Care Benefit

NCDHH Believes Hearing Aids Is an Essential Health Care Benefit

The Nebraska Commission for the Deaf and Hard of Hearing Board is opposed to the Nebraska 2017 Benchmark plan because hearing aids are not considered an essential health care benefit. The Board request that the Nebraska 2017 Benchmark Plan be amended to include coverage of hearing aids as a state required benefit that must be included in plan designs. It is within the discretion of Centers for Medicare & Medicaid Services (CMS) to amend the plan as requested by the Board. Hearing loss is a major public health issue that is the third most common physical condition after arthritis and heart disease. There are an estimated 1.88 million people living in the state of Nebraska. According to the Hearing Loss Association of America about 20 percent of Americans, 48 million, report some degree of hearing loss. Using that statistic, approximately 376,000 people in Nebraska have some form of hearing loss and 18,000 are estimated to be deaf.

In working with the Deaf and Hard of Hearing community on a daily basis, the Board and staff see how the lack of including hearing aid coverage as an essential health care benefit is adversely impacting Nebraska families. For example, the 2014 Nebraska Early Hearing and Detection and Intervention Annual Report states that for the 27,118 births in 2014, 65 babies were diagnosed deaf or hard of hearing. In that same time period, the HearU Nebraska hearing aid loan program provided 64 loaner hearing aids to 37 children (age range of two months-18 years). Also that annual report shows over 194 children since 2008 have been provided hearing aids by Hearing U due to the inability of parents to pay for those aids and insurance companies not considering those devices as an essential health care benefit.

Children need hearing aids to maximize hearing to enable them to learn language and to participate fully in the educational process. Such an investment in hearing aids will improve language development, increase academic success and enhance lifelong opportunities. From governmental monetary perspective, such a short term investment will also lessen the chance for dependency on entitlement programs in the future.

The Board is requesting that the plan include complete and comprehensive coverage of hearing aids for children up to the age of 18. The average retail cost of a pair of hearing aids is \$4,000 which typically includes the dispensing fee, initial set of ear molds, and perhaps a care kit and some batteries. The Board is requesting that this complete coverage be provided for children to the age of 18 without any year limits or dollar amounts.

There is a stigma in our society associated with hearing loss, which for some people who are hard of hearing, may result in attempts to hide or deny hearing loss. In places of employment it is particularly true because there is a fear to be seen less than competent if they admit to hearing loss in the workplace. Many employees do not want to make an issue of this and therefore don't request hearing aid coverage in the workplace.

Hearing loss is a serious health issue. If not treated or addressed it can impact the general and psychological health of individuals causing higher stress and anxiety levels resulting in more medical visits and hospital stays. These individuals are at risk of experiencing depression, anxiety, stress and chemical dependency and can impact performance at work and lifestyles at home.

The Board is requesting that adult hearing aid coverage as an essential health benefit to cover hearing aids in both ears. It is typical that people who experience hearing loss in both ears may need two hearing aids. An essential health care benefit Insurance coverage should be \$2,000 per ear for a hearing aid every three years.

***Editorial note: These comments were submitted to HHS in Washington D.C. on 9/28/15**

Spreading Awareness & Being Enriched about Deaf Culture

by: Kim Davis, Field Representative



Looking for some sort of get-together or gift ideas for an upcoming holiday, birthday, special occasion, or just-because? How about a basket filled with a good video or two, along with some favorite munchies and beverages? There are several videos performed in American Sign Language or are related to Deaf Culture to make your gift complete.

To consider some names of videos to seek, if any available, a fabulous list of films in ASL or other sign languages compiled by John Lubotsky can be found at www.johnlubotsky.com/deafcinema/index.html. Other latest great videos I have seen are "Audism Unveiled", "History Through Deaf Eyes", "No Ordinary Hero: The Superdeafy Movie", and several ASLFilms' movies (website listed below). The first three videos named are also great for professional development purposes that can create great dialogues for those in the employment, education and residential group fields.

There are several ways these videos can be obtained, either through purchase, as a loan, or through Internet streaming. Although this is not an exclusive list, here are some to get started, as follows:

Places that Sell Videos:

- Amazon, www.amazon.com
- ASLFilms, www.aslfilms.com
- Boys Town Press, www.boystownpress.org
- DawnSignPress, www.dawnsign.com
- Gallaudet University Press, <http://gupress.gallaudet.edu>
- Harris Communications, www.harriscomm.com/books-multimedia.html
- Sign Enhancers, www.signenhancers.com
- Public Broadcasting Service (PBS), www.pbs.org

Places that Loan Videos:

You may need to check out the eligibility criteria or policies on borrowing videos.

- NCDHH Media Loan Center, www.ncdhh.nebraska.gov/media_center.html
- Described and Captioned Media Program, www.dcmp.org
- Your local public library, if any, <http://nlc.nebraska.gov/libraries/internet.asp>

Coffee, Community & Collaboration

by: Crystal Pierce, Interpreter Program Assistant



This past August, I was fortunate enough to attend the Registry of Interpreters for the Deaf (RID) National Conference in New Orleans, Louisiana. It was an amazing meeting with fellow interpreters from all over the US. I was able to take the opportunity to learn about the interpreter groups in several different states. I learned about other state interpreter regulations; similar challenges we all face; and what each community has been doing recently. Throughout the conference I noticed a common theme/desire. I found that no matter if the person was Deaf, Hard of Hearing, an interpreter, a child of a deaf adult (CODA), etc. they all wanted to have better collaboration with their fellow interpreters and also between the interpreters and Deaf community. All week, I heard this over and over; it reinforced what has been on my mind for the past year.

After the conference it was time to roll up my sleeves and start brainstorming ideas on how to make this happen. I discovered a website titled 'Street Leverage' while I was in New Orleans, founded by Brandon Arthur. On the Street Leverage website, they dig into the true and obvious realities that are hard to talk about. It provokes people to take a serious look inside themselves and inside our communities to truly see the heart of the matter, no matter how challenging that may be.

As I perused different articles and presentations I came upon a presentation by Chris Wagner called, "Strategic Partnerships: Cooperation among Stakeholder in Sign Language Interpreter Isn't Enough". In this presentation, Mr. Wagner really hit upon the true reality of what divides our communities and what we must do to reunite our communities once again. He stated, "We are one community – we are not two separate communities." If there were no Deaf people- interpreters would be unemployed. Compare in contrast, if there were no interpreters- Deaf people would not be able to use their native language when meeting with people in the hearing world. We are all one community.

With Mr. Wagner's encouraging presentation, I have started to reach out to other people to brainstorm how we can address this in our own community. Currently I am working with others and developing a plan to start an event, called: Coffee, Community and Collaboration. The name may or may not stick. At this point we have been looking at having this event once a month alternating between Lincoln and Omaha every month. This group would consist of all community members: Deaf, Hard of Hearing, hearing, community interpreters, Deaf interpreters, educational interpreters, parents of Deaf and Hard of Hearing children, and anyone else interested. All are welcome. The purpose of this event is that we get to know each other better, talk about things they want to see happen, discuss ways that we can establish good leadership and comradery with each other, discuss what the Deaf community wants from their interpreters, receive feedback on how to improve our interpreting skills, etc. Most of all, respecting each other is key. We are all accountable to make this ONE community. Every one of us must ask ourselves, "What can I do?"

Throughout my research, I continued to remember a quote by one of my favorite authors, Dr. Seuss. He said, "Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." It takes all of us to make this happen, not one person, not two, but all of us. Finally, I think Mother Teresa said it best. She said,

"I can do things you cannot, you can do things I cannot; together we can do GREAT THINGS."

Please look for updates on Coffee Community and Collaboration. I hope to get more information to you soon. And remember we are ONE community. Please join us in celebrating all of the GREAT THINGS that we are going to do.

Be Involved in Deaf Youth Activities

by: Brenda Chappell, Field Representative



When I was a student at Nebraska School for the Deaf, I was very involved in extra-curricular activities. They gave me a great pleasure to be part of groups and gave me many great memories with my peers. In primary school I participated in Girl Scouts, and in middle school I was into volleyball, basketball, and cheerleading. I was also introduced to TTY (Teletypewriter) Club when I got my first TTY. In high school I was involved in sports, drama, and clubs- I barely had time for homework.

It is so important for deaf youth to participate in activities for several reasons: the most important reason is to meet with their peers who share similar, unique situations. It helps them feel understood, wanted, and be a part of group. The other reason is to help them develop their social skills. When many deaf and hard of hearing children are alone in mainstreaming schools, the activities provide them the opportunity to meet and make new friends who are also deaf or hard of hearing. Lastly, some activities provide leadership training. They teach them to overcome obstacles and adversaries. They help them believe in themselves and develop self-esteem.

There are a few organizations deaf and hard of hearing youth can attend:

Junior National Association of the Deaf (JrNAD) - a program that was founded by National Association of the Deaf and there is a chapter in Nebraska sponsored by Nebraska Association of the Deaf (NeAD). It allows students of middle and high school age to develop their leadership skills. For more information, contact NCDHH for reference or find it on Facebook, <https://www.facebook.com/groups/1656719744545455/>.

Hands & Voices – an organization for parents with deaf and hard of hearing children. It offers parents support and activities for their children including storytelling at library. For more information, look into this website, <http://www.handsandvoicesne.org/> or on Facebook, <https://www.facebook.com/groups/handsandvoicesne/>.

Rose Theater – this theater often schedules performances with interpreters for deaf and hard of hearing children so they can be entertained. You can find the schedule on their website, <http://www.rosetheater.org/season-tickets/customer-help/accessibility/>.

Know Someone Who Deserves Recognition?

NCDHH started Boss of the Month as a means to highlight a member of the Deaf, Deaf-Blind, Hard of Hearing community, or stakeholders that we work with.

If you would like to nominate someone for Boss of the Month, please email Executive Director John Wyvill at john.wyvill@nebraska.gov

A list of previous honorees can be found on our website at www.ncdhh.nebraska.gov/Publications/botm.html

Hearing Loss Affects More Than Hearing

by: Beth Ellsworth, Field Representative



Lately I have been seeing a lot more articles on hearing loss. Some of the headlines shown below emphasize that hearing loss is more than the inability to hear and understanding of what is being said:

"Hearing Loss Costs Far More than Ability to Hear" and "Emotional Effects Linked to Untreated Hearing Loss"

As I meet with people I find that they don't realize what they are missing. I certainly didn't understand what I was missing before I started wearing hearing aids! I was shocked at all of the sounds I missed and I had no idea how much my inability to hear was affecting my relationships. I really thought I was doing just fine!

My friends were so happy for me when I got my hearing aids. I thought I was fooling them but they knew. I was surprised at how much my relationships with my peers and loved ones improved with my hearing aids! My hearing aids didn't "fix" communication with others or make me hearing. I still needed them to look at me and not cover their mouth and follow some communication guidelines, but getting and wearing my hearing aids was a tremendous step in the right direction!

Here are some facts that emphasize how hearing loss is misunderstood: Taken from Better Hearing Institute: <http://www.betterhearing.org/>

- 65% of the hearing-impaired are younger than 65. More than six million Americans between the ages of 18 and 44 already have hearing problems, and nearly one and a half million are school age.
- Hearing loss affects all age groups (I can attest to that. My hearing loss occurred as an infant).
- Hearing loss is the third most common health condition (behind arthritis and hypertension) affecting Americans over 60.

I found a list of myths about hearing loss on the Better Hearing Institute website: <http://www.betterhearing.org/hearingpedia/myths-about-hearing-loss> :

One of the myths really resonated with me and my experience trying to hide my hearing loss as a child:

"...Untreated hearing loss is far more noticeable than hearing aids. If you miss a punch line to a joke, or respond inappropriately in conversation, people may have concerns about your mental acuity, your attention span or your ability to communicate effectively..."

As an adult I look back on my attempts to hide my hearing loss and I realize now that I missed out on so much. There are many resources available and it is my hope that you will take the plunge and reach out. NC-DHH has many resources and programs. Below is my contact information and my coverage area. I would love to hear from you!

Counties covered: Garfield, Wheeler, Valley, Greeley, Boone, Nance, Platte, Colfax, Polk, Butler, Dodge, Saunders, Washington, Douglas, Sarpy, Cass

Beth.ellsworth@nebraska.gov (800) 545-6244

Mental Health Specialist Report

by: Peggy Williams, Mental Health Specialist



A couple of years ago I wrote an article in preparation of the Holidays and the stress that we can experience because of this busy time of the year. When you receive this newsletter Thanksgiving will be approaching quickly and Christmas and Hanukkah around the corner. Because of the positive response we received from this article I would like to again emphasize some things we can do to take care of ourselves during this busy time of the year.

1. Talk about your feelings. Some of us have experienced a loss of a family member or friend during 2014 and thinking about the upcoming Holidays might be something you don't want to think about. It's OK to feel sad and to take time to cry and talk about your feelings. People that care about you will want to talk about your feelings. All you need to do is take the first step in reaching out!
2. Plan ahead. It's helpful to make a list of things you need to do in preparation of the Holiday Season. Shopping, baking, visiting friends, decorating and planning menus are very time consuming. Waiting until the last minute to get things accomplished will cause you a lot of stress and "zap" your energy level. Set aside time out of your busy day to do a few things and then scratch that off your list. Trying to do everything all at the same time can cause you more stress. Take time to remember what the Holidays mean to you and your family and how does this incorporate in to you daily life.
3. Plan your budget. Before you go out shopping for gifts or food, decide how much you will spend. Set up a budget on how much you want to spend for gifts, who you need to buy gifts for and stick to the budget. It's easy to spend over your budget if this is not planned in advance. Before grocery shopping, make a list and stick to this list. Food shopping in preparation of the Holidays is more costly than what we are typically used to. Start cutting out coupons now to help reduce some of the costs. It's helpful to start purchasing things a little at a time so it doesn't seem so overwhelming.
4. Take time for yourself. Set aside time every day to do something you enjoy. Even if it's only 15 minutes you will be amazed at how better you feel. Go for a walk, read a good book or take a nap if this meets with your schedule. When our lives become so busy that we forget to take care of ourselves we lose sight of "self" which therefore, can create stress and hardship in our lives.
5. Involve your family. Don't feel like you are the only one that has the responsibility in making the Holidays special. Ask for help! Family members can share in the decorating, food shopping, gift shopping and baking. As we get older it seems like all of this can be quite difficult to manage and often times it is. Ask your adult children, grandchildren and friends to help; I'm sure you will be surprised at those who are more than willing to provide you with assistance.

As I am writing this article, I can't help but think of those who do not have the resources to bake for the Holidays, shop for their loved ones or participate in the things many people enjoy in carrying out family Holiday traditions. Because of financial hardship, depression can have a serious impact for those who are experiencing financial hardship during the Holiday Season which makes it hard to enjoy the true meaning of this season.

Mental Health Specialist Report cont.

Listed below are programs throughout the State of Nebraska that can be of assistance to you and/or a family member during the Holidays. Happy Holidays to all of you!

Aurora

<http://www.foodpantries.org/ci/ne-aurora>

Beatrice

<http://www.foodpantries.org/ci/ne-beatrice>

Bellevue

<http://www.foodpantries.org/ci/ne-beatrice>

Central City

http://www.foodpantries.org/ci/ne-central_city

Columbus

<http://www.foodpantries.org/ci/ne-columbus>

Crete

<http://www.foodpantries.org/ci/ne-columbus>

Denton

<http://www.foodpantries.org/ci/ne-denton>

Fremont

<http://www.foodpantries.org/ci/ne-fremont>

Gibbon

<http://www.foodpantries.org/ci/ne-gibbon>

Grand Island

http://www.foodpantries.org/ci/ne-grand_island

Greenwood

<http://www.foodpantries.org/ci/ne-greenwood>

Hastings

<http://www.foodpantries.org/ci/ne-hastings>

Lincoln

<http://www.foodpantries.org/ci/ne-lincoln>

Milford

<http://www.foodpantries.org/ci/ne-milford>

Norfolk

<http://www.foodpantries.org/ci/ne-norfolk>

North Platte

<http://www.foodpantries.org/ci/ne-norfolk>

Omaha

<http://www.foodpantries.org/ci/ne-omaha>

Rushville

<http://www.foodpantries.org/ci/ne-rushville>

Seward

<http://www.foodpantries.org/ci/ne-seward>

Sidney

<http://www.foodpantries.org/ci/ne-sidney>

Snyder

<http://www.foodpantries.org/ci/ne-snyder>

Sutton

<http://www.foodpantries.org/ci/ne-sutton>

What's Happening Way Out West

by: Brittney Graham, Field Representative



As many of you already know we have reopened the office in Scottsbluff. Covering the eleven counties of the Panhandle, I have noticed that there are many people who are pleased to have us back out west. These first couple months I have been focused on getting the NCDHH name out there for anyone who could benefit from our services. I have done some presentations at Assisted Living Homes and Senior Centers about what NCDHH has to offer.

I am planning on starting up Hearing Loss Support Groups in the surrounding areas at the first of the year. My goal is to have one in Chadron, Scottsbluff/Gering, Sidney and Oshkosh. There has been a lot of questions about the support groups, I am very excited to be a part of them.

For any questions, comments or concerns, please contact Brittney Graham at (308) 633-3751 or brittney.graham@nebraska.gov

Prime Senior Festival Attracts Crowd

by: April Emeigh, Field Representative



On Thursday, October 8th, I attended the Prime Senior Festival hosted by the Kearney Hub. The festival included a variety of events with a speaker, live music, informational booths, and informative sessions. A variety of booths including health services, assisted living/nursing home facilities, home health care, and financial services were present. Food was also available for purchase.

With free admission, the Prime Senior Festival attracts a sizeable crowd of older adults from Kearney and the surrounding communities. Throughout the day I interacted with about 350 patrons and handed out stacks of informational materials. There were many patrons with a strong interest in NCDHH services and some great questions were asked. The Prime Senior Festival was a success this year, and I'm sure it will continue to be a great event in the future!

Rail Fest, 2015

by: Kathy Scusa, Field Representative



"Rail Fest is an annual event that brings together the best aspects of North Platte, Nebraska, and the Union Pacific Railroad – their people – into a united spirit of appreciation coupled with a focus on our continued progress together. This year's celebration was held September 18, 19, and 20, 2015. Rail Fest celebrates the bond between the Union Pacific Railroad, its employees and our community. It focuses on what the men and women of the Union Pacific Railroad have been working toward for almost five generations. From the earliest times, railroaders have embodied the hallmarks of the best aspects of human character — discipline, punctuality, technical aptitude, adaptation to ever changing technologies and the ability to conform to a complex set of rules and regulations." (Rail Fest Website: <http://nprailfest.com/>)

The NCDHH booth at Rail Fest was a huge success. We estimated that several thousand people visited Cody Park during the three day festival. Approximately 1,800 people visited our booth which provided information on Programs and Services provided by NCDHH. We handed out disposable ear plugs that many attendees were able to use during activities throughout the weekend. NCDHH had a Festival door prize drawing of a Geemarc CLA9 Personal Amplification Device with additional headphones. The prize was provided for us by Teltex, Inc.

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**The NCDHH Team Reached out to
14,441 People
to Assist with Better Communication**

January-September 2015



Where It All Begins

Social Media and Technology

NCDHH

Nebraska Commission
for the Deaf and Hard of Hearing



Media Center

Interested in learning more about...

American Sign Language

Interpreting

Deaf Culture

Hearing Loss

And more!

Available to Nebraskans, NCDHH has a free media center loan program. Available materials include books, videos, and teaching materials on topics from American Sign Language, deafness, interpreting, hearing loss, and more

Browse and Submit Your Request at:

ne.gov/go/ncdhh-media

or by phone:

(800) 545-6244

ncdhh.nebraska.gov



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Submit an Article Idea!

NCDHH welcomes ideas and articles for consideration and insertion into future issues of the newsletter.

Please submit articles to:

**NCDHH Newsletter Ideas
4600 Valley Road, Suite 420
Lincoln, NE 68510-4844**

or e-mail them to:
ncdhh@nebraska.gov

Articles submitted are not necessarily the views of NCDHH. The NCDHH newsletter is published four times annually.

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